



RESTORATION NEUROLOGY

Gabapentin Titration Schedule

Gabapentin is an anti-convulsant medication useful in treating headaches and neuropathic pain. Gabapentin comes in many sizes including 100, 300, 400, 600, and 800 mg. The usual dose is 1800-4500 mg a day, but the dose can vary depending on how well it works for you and your tolerance of the medication.

Once you find a dose that controls your symptoms, there is no reason to increase the medication. If, after you have increased medication, you find that the last, lower dose was just as effective, it would be better to use the lower dose. If you have adverse effects like dizziness and fatigue you should stay on your current dose until symptoms resolve.

You will start with Gabapentin 300mg tablets. You will take your first tablet at bedtime and then increase every three to five days as shown in the table below:

	8:00 a.m.	2:00 p.m.	Bedtime	Date
Start	0	0	1 tablet	
After 3-5 days	1 tablet	0	1 tablet	
After 3-5 days	1 tablet	0	1 tablet	
After 3-5 days	1 tablet	1 tablet	2 tablets	
After 3-5 days	2 tablets	1 tablet	2 tablets	
After 3-5 days	2 tablets	2 tablets	2 tablets	Call office
After 3-5 days	2 tablets	2 tablets	3 tablets	
After 3-5 days	3 tablets	2 tablets	3 tablets	
After 3-5 days	3 tablets	3 tablets	3 tablets	Call office

The main side effect is drowsiness. Complete information can be found at [WebMD](#). Should you have any severe reactions including, but not limited to; chest pain, swelling, seizures, etc. Contact 911 immediately.

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